



**Sheraton**<sup>®</sup>  
ON THE FALLS HOTEL



# Meeting Menu Package

2017



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# Little Italy Package

## **BREAKFAST**

Assorted fruit juices  
Fresh sliced fruit  
Assortment of fresh pastries, butter, preserves  
Farm fresh scramble eggs  
Crispy smoked bacon, broiled sausage  
Home fries garnished with onions and peppers  
Freshly brewed Starbucks coffee, decaf, Tazo tea

## **MORNING BREAK**

Biscotti, brownies and raspberry chocolate coffee cake  
Freshly brewed Starbucks coffee, decaf, Tazo tea

## **LUNCH**

Build your own caesar salad  
Antipasto display includes; marinated vegetables,  
Roasted peppers, salami, capicola and italian cheeses  
Gemelli Alfredo  
Penne with marinara sauce  
Hand crafted meatballs and sweet italian sausage  
Fresh baked rolls, assorted Italian bread and butter  
Assorted cakes  
Freshly brewed Starbucks, decaffeinated and Tazo tea

## **AFTERNOON BREAK**

Domestic and imported cheese display  
Fresh fruit, assorted crackers  
Freshly brewed Starbucks, decaffeinated and Tazo tea



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# Healthy Breakfast and Working Lunch Package

## **BREAKFAST**

Assorted fruit juices  
Assorted pastries, butter and preserves  
Sliced fresh fruit  
Individual non-fat and flavoured yogurt  
Freshly brewed Starbucks coffee, decaffeinated and Tazo tea

## **MORNING BREAK**

Assorted coffee cakes  
Freshly brewed Starbucks coffee, decaffeinated and Tazo tea

## **SOUP AND SANDWICHES**

Chefs soup du jour  
Baby greens with assorted dressings  
Chefs selection of sandwiches  
Assorted torts and pies  
Freshly brewed Starbucks coffee, decaffeinated and Tazo tea

## **AFTERNOON BREAK**

Fresh oven baked cookies  
Freshly brewed Starbucks coffee, decaffeinated and Tazo tea



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# Wrap It Up Package

## **BREAKFAST**

Assorted juices  
Power and granola bars  
Assorted muffins and pastries, butter and preserves  
Individual non-fat, plain and flavoured yogurt  
Sliced fruit  
Freshly brewed Starbucks coffee, decaffeinated and Tazo tea

## **MORNING BREAK**

Lemon poppy seed cake  
Cranberry cake  
Freshly brewed Starbucks coffee, decaffeinated and Tazo tea

## **WRAP AND SALAD LUNCH**

Apple fennel cole slaw  
Rustic red skin potato salad  
Assorted pickled vegetables and olives  
Selection of hand made wraps  
Roasted red pepper and grilled chicken  
Flaked crab with lemon and dill  
Roast beef, cheddar, and horseradish aioli  
Julienne vegetables with tomato and pesto  
Assorted desserts  
Fresh fruit  
Freshly brewed Starbucks coffee, decaffeinated and Tazo tea

## **AFTERNOON BREAK**

Individual bags of chips, pretzels and bits and bites  
Assorted soft drinks



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# Indoor Picnic Package

## **BREAKFAST**

Assorted fruit juices  
Assorted fresh pastries  
Assorted individual yogurts, non-fat and flavoured  
Fresh sliced fruit  
Fresh farmed scrambled eggs  
Breakfast sausage, and Canadian bacon  
Golden tator tots with peppers and onions  
Freshly brewed Starbucks coffee, decaffeinated and Tazo tea

## **MORNING BREAK**

Assorted scones with whipped butter and preserves  
Freshly brewed Starbucks coffee, decaffeinated and Tazo tea

## **INDOOR PICNIC**

Garden fresh greens with assorted dressings  
Tomato and fresh basil salad  
BBQ picnic potato salad  
BBQ spiced rub chicken served with our homemade BBQ sauce  
Seasoned potato wedges served with low-fat peppercorn ranch  
Assorted condiments  
Chef's choice of desserts  
Freshly brewed Starbucks coffee, decaffeinated and Tazo tea

## **AFTERNOON BREAK**

Tortilla chips  
Diced tomato, sour cream, cheese, hot peppers, salsas  
Assorted soft drinks