



Executive Meeting Menu

Includes:

- Meeting room overlooking the Falls
- Wireless internet in the meeting room for all delegates
- Flip chart and markers
- Podium
- Buffet breakfast
- A.M. snack
- Buffet lunch
- P.M. snack
- Continuous all day coffee station



Breakfast Selection

Choice of one of the following selections:

BREAKFAST BUFFET IN THE TERRAPIN GRILLE

Fresh sliced fruit platter
 Assorted baked pastries
 Assortment of fruit yogurt
 Cold cuts and cheeses
 Scrambled eggs
 Pork sausage
 Turkey sausage
 Crispy bacon
 Home fried potatoes
 Hot oatmeal
 Assorted cold cereals
 Waffles
 Buttermilk pancakes
 Made to order eggs and omelets
 Assorted fruit juices
 Freshly brewed coffee and tea

ENHANCED CONTINENTAL - PRIVATE (minimum 25 people)

Scrambled eggs
 Crispy bacon
 Home fried potatoes
 Fresh sliced fruit platter
 Selection of fruit yogurt
 Freshly baked croissants
 Assorted baked pastries
 Assorted cold cereals
 Assorted muffins
 Kraft preserves, butter and margarine
 Bottled water
 Assorted fruit juices
 Freshly brewed coffee and tea



Morning & Afternoon Break Selection

Choice of one selection for your AM break and one selection for your PM break

Fresh baked butter croissants with butter, jams, jellies and sliced fruit

Make "your own" yogurt parfait with assorted yogurts, granolas and fresh berries

Ontario's finest cheeses, dried fruits, nuts and crackers (add a glass of house wine for an additional charge)

Nachos - corn chips, hot cheese sauce, salsa, sour cream and garnished (add a cerveza for an additional charge)

Fresh baked assorted cookies (add a milkshake for an additional charge)

Candy shop - assorted candies and candy bars

Freshly sliced fruit and granola bars

A.M. Fruit juice

P.M. Assorted regular and diet Pepsi soft drinks

All Day Freshly brewed coffee, decaffeinated coffee and tea



GOURMET SOUP AND PANINI SANDWICH

Chef's soup of the day
 Tomato and cucumber salad
 Vegetable crudites and dip
 Assortment of sandwiches including:
 Prosciutto
 Smoked chicken and brie
 Italian capicola and prime rib of beef
 Chef's choice dessert
 Bottled water
 Assorted regular and diet Pepsi soft drinks
 Freshly brewed coffee and tea

Lunch Selection

GOURMET SOUP AND SANDWICH BUFFET

Chef's soup of the day
 Sun dried tomato penne pasta
 Baby spinach with baco noir vinaigrette
 A selection of gourmet assorted sandwiches including:
 Roast beef, caramelized onion and artisan cheese
 Tomato, basil, bocconcini and tapenade
 Tuna salad
 Ham, cheddar and honey mustard
 Chef's choice dessert
 Bottled water
 Assorted regular and diet Pepsi soft drinks
 Freshly brewed coffee and tea

GOURMET SOUP AND WRAPS BUFFET

Chef's soup of the day
 Feta topped tomato and cucumber salad
 Baby greens with a balsamic vinaigrette dressing
 Assorted wraps including:
 Turkey
 Egg salad
 Bacon club
 Smoked chicken and cranberry salad wrap
 Grilled vegetables and mozzarella wrap
 Tuna salad
 Chef's choice of dessert
 Bottled water
 Assorted regular and diet Pepsi soft drinks
 Freshly brewed coffee and tea