

Conference Menu

Thank you for choosing the **Marriott Fallsview Hotel & Spa** for your function. All of our menus have been developed to provide you and your group with the greatest variety & flexibility available when selecting your meal.

Our Events Services Department, along with our Executive Chef, will be happy to assist you in tailoring menus to fit any budget or theme.

We are here to serve you, and provide you with an unparalleled culinary experience.



Buffet Breakfast

(minimum 25 people)



Fresh sliced fruit platter Assorted baked pastries Assorted muffins Freshly baked croissants Assortment of fruit yogurt Cold cuts & cheeses Scrambled eggs Pork sausage Turkey sausage Crispy bacon Home fried potatoes Hot oatmeal Assorted cold cereals Waffles Buttermilk pancakes Made to order eggs & omelettes Toast and bagels Kraft preserves, butter & margarine Bottled water Assorted bottled fruit juice Freshly brewed coffee, decaffeinated coffee & tea



Buffet Breakfast

All breakfast buffets include water, chilled juices, freshly brewed coffee, decaffeinated coffee and hot teas



CONTINENTAL BUFFET

Fresh sliced fruit platter Freshly baked croissants Assorted baked pastries Assorted muffins Toast & bagels Kraft preserves, butter & margarine

ENHANCED CONTINENTAL BUFFET

(minimum 20 people) Scrambled eggs Crispy bacon Home fried potatoes Fresh sliced fruit platter Selection of fruit yogurt Freshly baked croissants Assorted baked pastries Assorted cold cereals Assorted muffins Kraft preserves, butter & margarine

ENHANCEMENTS

- Add an extra item(s) to any of the above buffets Hot oatmeal, brown sugar, dried cranberries and toasted walnuts Layered yogurt, berry and homemade granola
- parfaits
- English muffin with black forest ham, egg and cheddar cheese
- Breakfast wraps with egg, tomato and peppers Eggs benedict



Conference Menu 2016

Morning Coffee Breaks

All morning breaks include bottled water, assorted chilled juices and freshly brewed coffee, decaffeinated coffee & tea



MORNING BREAK

Bottled water Chilled fruit juice Freshly brewed coffee, decaffeinated coffee & tea

THE EYE OPENER

Freshly baked croissants Muffins Danishes

HEALTHY START

Yogurt & berry parfaits Granola bars Fresh whole fruit

DAY AT THE FARM

Dairy – yogurt cups, cheese board and crackers Fruit Stand – baskets of whole fruit Fresh Lemonade

FIT FOR YOU (GLUTEN FREE)

Fresh sliced fruit platter Gluten free trail mix Fresh fruit smoothies

CONTINUOUS COFFEE BREAK

- A.M. Fresh whole fruit Chilled fruit juices
- P.M. Chef's assorted snacks Assorted regular & diet Pepsi soft drinks
- ALL DAY Bottled water Freshly brewed coffee, decaffeinated coffee & tea

Afternoon Breaks

All afternoon breaks include bottled water, assorted regular and diet Pepsi soft drinks and freshly brewed coffee, decaffeinated coffee & tea

AFTERNOON BREAK

Bottled water Assorted regular & diet Pepsi soft drinks Freshly brewed coffee, decaffeinated coffee & tea

THE INTERMISSION

Popcorn Bits & Bites Pretzels Assorted chips

THE BAKE SHOP

Assorted fresh baked cookies Triple chocolate brownies Assorted squares

CANDY SHOP

Assorted candy bars Bowls of assorted flavored candies Fresh sliced fruit

ICE CREAM BAR

Assorted ice cream on a stick Ice cream sandwiches Popsicles







Afternoon Breaks

STICKS & DIPS (gluten free)

Veggie sticks with hummus and homemade blue cheese dip Fruit skewers with yogurt dip

BRAIN FOOD

Build Your Own Trail Mix Bar Assorted nuts, granola, dried fruit and chocolate Bottled Naked Juice

GOURMET BREAK

Fresh sliced fruit Dried fruit & nuts Assortment of fine cheeses Crackers

THE JACKSON TRIGGS

Domestic & international cheeses Crackers & bread Dried fruit & berries Two 2 oz samplings of Jackson Triggs wines

BREAK ENHANCEMENTS

BEVERAGE SELECTION

Coffee, decaffeinated coffee, selection of teas Orange, apple, grapefruit, cranberry juices Yogurt and berry smoothies Assorted Pepsi soft drinks Plain, skim or chocolate milk Bottled water Perrier Red bull

SNACK SELECTION

Whole seasonal fruit Sliced seasonal fruits Danish, croissants, muffins Layered yogurt, berry and granola parfaits Individual yogurts Individual servings of potato chips, popcorn Gluten free assorted muffins Fresh baked cookies Double fudge brownies



Lunch

A la Carte Small Group Menu (maximum 15 people)

OPTION 1

Choice of Soup of the Day French onion soup

Choice of

Deluxe Burger with bacon & Canadian cheddar Fries or House salad

Grilled Chicken Wrap with basil tomato salsa and shredded mozzarella Fries or House salad

Grilled Vegetable Panini with herbed C'est Bon Chèvre Fries or House salad

Roasted Canadian Peameal Bacon Sandwich with honey mustard mayo drizzle Fries or House salad

Caesar Salad Add grilled chicken with lemon herb butter or grilled salmon with lemon herb butter



ENHANCEMENT

Fresh baked cookies Double fudge brownies

Lunch continued

A la Carte Small Group Menu (maximum 15 people)

OPTION 2 *Choice of* Soup of the Day French onion soup

Choice of Smoked Chicken Panini with grilled vegetables & mozzarella Fries or House salad

Pulled Pork Wrap in whiskey BBQ sauce Fries or House salad

Grilled 6oz Steak Sandwich with caramelized onions & garlic butter Fries or House salad

Chicken Parmesan Sandwich with sweet basil marinara sauce Fries or House salad

Caesar Salad Add grilled chicken with lemon herb butter or grilled salmon with lemon herb butter

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ENHANCEMENT

Fresh baked large cookies Double fudge brownies



Lunch Buffets

All lunch buffets include bottled water, assorted regular & diet Pepsi soft drinks and freshly brewed coffee, decaffeinated coffee & tea

GOURMET SOUP & SANDWICH BUFFET

(minimum 15 people)

Chef's soup of the day

Sun dried tomato penne pasta Baby spinach with Baco Noir vinaigrette

A selection of gourmet assorted sandwiches including: Roast beef, caramelized onion & artisan cheese Tomato, basil, bocconcini & tapenade Tuna salad Ham, cheddar & honey mustard

Assorted squares & cookies

ENHANCEMENTS

Add an extra item(s) to the Gourmet Soup & Sandwich Buffet

Hot roast beef au jus sandwiches Prosciutto bocconcini panini Italian style finger pastries Assorted potato chips





Lunch Buffets continued

All lunch buffets include bottled water, assorted regular & diet Pepsi soft drinks and freshly brewed coffee, decaffeinated coffee & tea

GOURMET SOUP & WRAP BUFFET

(minimum 15 people)

Chef's soup of the day Feta topped tomato & cucumber salad Baby greens with a balsamic vinaigrette dressing

Assorted wraps including: Egg salad Smoked chicken & cranberry salad Bacon turkey club wrap Grilled vegetables & mozzarella Tuna salad

Assorted cookies & squares

ENHANCEMENTS

Add an extra item(s) to the Gourmet Soup & Wrap Buffet Hot chicken & beef fajitas Italian style finger pastries Assorted potato chips



All lunch buffets include bottled water, assorted regular & diet Pepsi soft drinks and freshly brewed coffee, decaffeinated coffee & tea

LITTLE ITALY

(minimum 25 people) Garlic bread Caesar salad Tomato bocconcini salad Baby greens with Niagara ice wine vinaigrette Assorted antipasto platter Sliced prosciutto Rigatoni Bolognese

Three cheese tortellini with julienne of vegetable Italian pastries

ENHANCEMENTS Add an extra item(s) to the Little Italy Buffet

Meat & cheese cannelloni Chicken Parmesan

Classic tiramisu





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ASIAN BUFFET

(minimum 25 people)

Baby greens with a Niagara ice wine vinaigrette dressing Asian noodles salad with soya rice wine dressing Jasmine scented Basmati Rice Thai chicken stir fry Vegetable stir fry Teriyaki beef stir fry Honey garlic spare ribs Fortune cookies Assorted finger pastries & desserts

ENHANCEMENTS

Add an extra item(s) to the Asian Buffet Peanut crusted chicken on chow mein noodles Shrimp stir fry Hoisin basted filet of salmon Vegetable tea steeped Udon noodles





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BURGER BAR

(minimum 25 people) Young greens in a balsamic dressing Baby red potato salad Grilled vegetable pasta salad Assorted vegetables & dips Charbroiled AAA Canadian beef burgers Flame grilled chicken breast burgers Veggie burgers Strub's pickles, Vidalia onion slices, beefsteak tomato slices, Bibb Lettuce, sliced aged cheddar Assorted finger pastries & desserts

ENHANCEMENTS

Add an extra item(s) to the Burger Bar

French fries Sweet potato French fries Grilled sweet Italian sausages with onions & peppers





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PIZZA BUFFET

(minimum 25 people)

Caesar salad Baby spinach in a Baco Noir vinaigrette Assorted vegetables & dips Assorted pizza made in house

Assorted finger pastries & desserts

ENHANCEMENTS

Add an extra item(s) to the Pizza Buffet Chicken wings with mild, medium and hot sauce Breaded chicken fillet Assorted potato chips





Boxed Lunch

SIGHT SEEING BOXED LUNCH

(minimum 25 people) Fresh whole fruit Bag of potato chips Granola bars

Choice of sandwiches;

Honey mustard ham & cheddar on multigrain Bacon turkey club on a brioche bun Tuna salad with julienne vegetables in a flour tortilla Egg salad on a 7 grain loaf Can of Pepsi soft drink



DAYTRIPPER BOXED LUNCH

Fresh whole fruit Bag of potato chips Granola bars Sampling of (3) cheeses with crackers Fresh grapes

Choice of sandwiches;

Honey mustard ham & cheddar on multigrain Bacon turkey club on a brioche bun Tuna salad with julienne vegetables in a flour tortilla Egg salad on a 7 grain loaf Freshly baked cookies

Bottled water Can of Pepsi soft drink

"MARRIOTT PRIDES ITSELF ON EXCELLENCE". Please allow our award winning chef to customize your menu for your event.

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Passed Hors D'oeuvres

(minimum 2 dozen/variety)

HOT HORS D'OEUVRES

Vegetarian spring rolls with sweet & sour sauce Panko crusted chicken skewers with tangy Thai sauce Assorted mini quiche Double smoked bacon & caramelized onion tart Feta & spinach spanakopita with sour cream Breaded pasta bites filled with 3 cheeses & Rose sauce



COLD HORS D'OEUVRES

Ice wine brie & pear on water crackers Smoked chicken bruschetta on garlic croustinis Poached shrimp with horseradish tomato salsa San Danielle prosciutto wrapped melon cubes Smoked salmon mousselline on cucumber & crackers Spiced pork pate & jalapeno jelly on French baguettes Grilled peach with baked feta & ice wine spoon

STATIONED HORS D'OEUVRES

Domestic cheese tray garnished with dried fruit and crackers Assorted vegetable tray with hummus and blue cheese dip

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International Food Stations

(Minimum 3 stations) (Minimum 50 people)



ARTISAN CHEESE

Canadian artisan cheese with assorted breads & crackers Fresh & dried fruits Assorted crudités with dips

SHORT RIB MARTINI BAR

Slow braised short ribs served in a martini glass with garlic mashed potatoes, garnished with micro greens & root vegetable chips

MONTREAL SMOKED MEAT DELI COUNTER

Sliced to order Montreal smoked meat Kaisers and pumpernickel rolls Assorted mustards & sauerkraut

BYO POUTINE

Beef gravy, 7 bean vegetarian chili, Quebec cheese curds & fresh cut fries

CARVED SMOKED SALMON STATION

Garnishes to include: Grated hardboiled egg, red onion, capers, lemon & herb cream cheese

Antipasto station to consist of the following: prosciutto, breads, grilled marinated vegetables including: red peppers, eggplant & zucchini, artichokes, mini bocconcini, marinated mushrooms, parmagiano, assorted olives

PASTA STATION

Caesar salad

Bread display

Fresh penne pasta & 3 cheese tortellini tossed to order with your choice of marinara, alfredo, vodka & garlic/oil sauce Bocconcini & tomato platter with vinegar & olive oil



International Food Stations Continued

(Minimum 3 stations) (Minimum 50 people)



TASTE OF THE WEST

Striploin of beef au jus carved to order with assorted mustards, horseradish & fresh baked kaisers Sage crusted gratin potatoes Fresh seasonal vegetables

TASTE OF THE ORIENT

Teriyaki beef stir fry made to order with choice of noodles or rice Sweet & sour chicken stir fry made to order with choice of noodles or rice Asian scented vermicelli noodles

TASTE OF THE SEA

Sautéed garlic shrimp Salmon florentine in puff pastry Rice pilaf Spaghetti vegetables Baby greens served with a Baco Noir dressing

SUSHI BAR

Selection of sushi: salmon shrimp vegetables & tofu with assorted dipping sauces

FINISHING TOUCHES

Fresh crepes filled with seasonal fruit Finished with your choice of topping

SWEET TABLE

Assortment of pastries, cakes, brownies and squares Chocolate dipped strawberries

Vegetarian food stations available upon request



Create Your Own Dinner Buffet

(Minimum 30 people)

SOUPS choice of 1

Roasted red pepper bisque with honey thyme cream

Summer corn chowder

Cream of leek & potato with Ermite Bleu cheese Butternut squash bisque with vineyard chutney

SALADS choice of 3 Traditional Caesar

Tomato & bocconcini with sweet basil drizzle Grilled vegetable penne in garlic herb vinaigrette Fallsview house-mixed young greens with ice wine vinaigrette. Topped with candied cashews and seasonal fruit

Young spinach salad with crumbled bleu cheese, roasted apples and pears in our house vinaigrette

ENTREES choice of 3

Grilled breast of chicken with forest mushroom Chardonnay cream sauce Slow roasted maple mustard loin of pork with

apple onion pan gravy

Ginger & Panko crusted whitefish in a citrus butter cream sauce

Pan seared Atlantic salmon filet with harvest vegetable and black bean salsa

Penne in a roasted tomato & goat cheese cream with roasted sweet peppers and onions (Vegetarian)

Asian vegetable & tofu stir fry (Vegan)

ADDITIONAL PROTEIN

Whole Roasted AAA Striploin carving station with Cabernet Jus and sauce Béarnaise AAA Prime Rib carving station with miniature Yorkshire puddings, Cabernet jus and fresh horseradish

Grilled pork tenderloin carving station with Whiskey BBQ glaze and orchard fruit chutney

STARCHES choice of 3

Roasted garlic Yukon Gold mashed potato Herb roasted fingerling potatoes Steamed Basmati rice

Curried cous cous with dried winter fruits

ADDITIONAL STARCH

Wild mushroom and asparagus risotto Individual Gratin Dauphinois with cream & Emmental cheese

VEGETABLES choice of 1 Steamed green beans with roasted garlic crumble

Heirloom carrots in honey herb butter Roasted root vegetables in maple butter

DESSERTS choice of 3

Assorted Niagara fruit tarts Mini cheesecake assortment Chocolate brownies, squares and crumbles Assorted Italian pastries Mini tiramisu

OR

UPGRADED DESSERT STATION Pie Bar

Assorted Niagara fruit pies served by our Chefs and topped with whip cream

Chocolate Factory (minimum of 50 people) Chocolate cake, chocolate mousse parfaits, white chocolate cheesecake, chocolate cookies and triple chocolate brownies



The Executive Buffet

(Minimum 40 people)

Assorted Breads and Rolls with a variety of dips

Artisan Canadian cheese board with seasonal fruits and crostinis

Antipasto platter – grilled vegetables, marinated olives, cured meats and assorted antipastos

Traditional Caesar with croutons, bacon and shaved parmesan Tomato & bocconcini with sweet basil drizzle

Grilled vegetable penne in garlic herb vinaigrette

Young spinach salad with crumbled Bleu cheese, roasted apples and pears in our house vinaigrette

Fallsview house mixed young greens with ice wine vinaigrette topped with candied cashews and seasonal fruit

Herb roasted grilled chicken in a marsala mushroom sauce

Garlic shrimp topped filet of Atlantic salmon in tarragon lemon butter

Pinque fennel and spice Italian Sausage on Gorgonzola polenta with sweet pepper and tomato sautée

Chef carved AAA Prime Rib carving station with miniature Yorkshire puddings, Cabernet jus and fresh horseradish

Butternut squash ravioli in a Chardonnay sage cream sauce

Individual Gratin Dauphinois with cream & Emmental cheese

Basmati rice

Fresh seasonal vegetables





DESSERT STATIONS Pie Bar

Assorted Niagara fruit pies served by our Chefs and topped with whip cream

Chocolate Factory

Chocolate cake, chocolate mousse parfaits, white chocolate cheesecake, chocolate cookies and triple chocolate brownies

Freshly brewed coffee, decaffeinated coffee & tea



Plated Dinners

Three Course Plated Dinner

1st Course:

Choice of One of the Following:

Roasted red pepper & tomato bisque Summer corn chowder Fallsview house mixed young greens with ice wine vinaigrette topped with candied cashews and seasonal fruit Young spinach salad with crumbled Bleu cheese, roasted apples and pears in our house vinaigrette Tomato & bocconcini with sweet basil drizzle

2nd Course: Choice of One of the Following:

SUPREME OF CHICKEN

Herb roasted supreme of chicken on forest mushroom ragoût with Dauphinois potato & seasonal vegetables

ATLANTIC SALMON

Grilled salmon topped with tarragon béarnaise, spring pea risotto & seasonal vegetables

PRIME RIB OF CERTIFIED ANGUS BEEF

Oven roasted AAA Canadian prime rib au jus with roasted garlic mashed potatoes & seasonal vegetables

90Z CENTER CUT ANGUS FILET OF BEEF

9oz center cut Angus filet of beef on herb roasted fingerling potatoes, seasonal vegetables & béarnaise sauce

ENHANCEMENT to the 9oz center cut Angus filet of beef Lobster tail (seasonally priced)



Strawberry topped cheese cake 5 layer chocolate cake with spiced rum vanilla sauce Strawberry banana topped chocolate glazed puff pastry

All with freshly brewed coffee, decaffeinated coffee & tea

ADDITIONAL COURSES:

PALATE CLEANSER

Lemon basil ice in sparkling Niagara Vidal

PASTA

Penne in a roasted tomato & Goat cheese cream with roasted sweet peppers and onions East Coast lobster ravioli in a sherry cream sauce





Hospitality

Hospitality Set-up Package (Mandatory in banquet rooms when client provides their own liquor, mix and munchies)

Casual reception style seating, tables for food, wine glassware, assorted glasses, lined baskets for munchies, empty jugs for client provided mix, corkscrew, can opener, ice tongs, shot glasses, straws & cocktail napkins, ice for chilling & cocktails, jugs of ice water, lemons, limes, salt, pepper, tabasco, worcestershire, mid-evening refresh of ice & glassware

HOSPITALITY MENUS

Square cheese or peperoni pizza Buffalo style roadhouse chicken wings, blue cheese dip (min. 5 dozen) Hummus & pitas Crudités and dips Garlic bread with cheese Bruschetta bread Beef on a bun - minimum 25 people Warm deluxe mix nuts Sea salted peanuts Pretzels or Popcorn Potato chips Nacho chips and salsa

Banquet Bars

Beverage Services

If you are planning any type of reception or hospitality function, our catering staff will meet and provide all your beverage needs, whether it be in a private meeting room, or a hospitality suite in one of our guest rooms.

All of our banquet bars may be stocked with your choice of liquor. The Marriott Fallsview standard on all bars provide premium brand Canadian Rye, Scotch Whiskey, Rum, Vodka, Gin, Domestic Beer and Domestic House Wines.

PUNCHES

Non-alcoholic – 1 Gallon – (Approx. 36 Glasses) Alcoholic – 1 Gallon – (Approx. 36 Glasses) Champagne Punch – (Approx. 24 Glasses)



Wine List A perfect compliment to every meal

At the Marriott Fallsview Hotel & Spa, it is our privilege to introduce our guests to some of Niagara's Finest Wines. Each wine has been selected, ensuring that its quality and compatibility with our menus are met.



House Wines

Jackson Triggs Merlot Jackson Triggs Chardonnay Terrior Cabernet Terrior Sauvignon Blanc

Premium Local Wines

White Inniskillin Pinot Grigio Mike Weir Sauvignon Blanc

Red

Konzelman Shiraz Jackson Triggs Cabernet Sauvignon Cabernet Franc Sparkling Wine Jackson Triggs Ice Wine Between The Lines Cabernet Franc Icewine Peller Estates Vidal Ice Wine