Group Menu 2014

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CONTINENTAL BREAKFAST BUFFET

Assorted muffins, danishes and jams Fresh fruit Assorted juices

Coffee or tea

BREAKFAST BUFFET #2

Assorted muffins, danishes and jams Scrambled eggs Home fries Bacon Sausage Assorted juices

Coffee or tea

Fruit platter add \$2.00 per person



BUFFET #1



SALADS Caesar salad Mixed green salad with assorted dressings

ENTRÉES

EXT

Garlic mashed potatoes Vegetable medley glaze Grilled chicken breast with a balsamic and tomato marinade Sliced tender sirloin with a burgundy and mushroom glaze Baked cod with a white wine and lemon caper butter DESSERT Assorted tortes

BEVERAGES Unlimited soft drinks, coffee or tea



BUFFET #2



Rolls and butter

SALADS Mixed green salad with assorted dressings China island salad

ENTRÉES

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Herb roasted mini red potatoes Roasted vegetable medley Penne with meatballs and sausage Fried chicken Baked salmon with a herb butter sauce Slow roasted sirloin in a mushroom and red wine reduction DESSERT Assorted tortes and pastries, fresh fruit platter

BEVERAGES Unlimited soft drinks, coffee or tea



JUNGLE SAFARI

CHOICE OF ENTRÉE

BLUE MOUNTAIN CHICKEN CLUB

Tender grilled chicken breast, Cajun seasoned and topped with crisp bacon, Swiss cheese, tomato and lettuce, served with jungle fries

RAINFOREST BURGER

8 oz. charbroiled burger topped with melted Swiss, served on a sesame bun with tomato, lettuce, served with jungle fries

PLANET EARTH PASTA

Penne pasta lightly tossed with olive oil, garlic and Roma tomatoes in a chunky marinara with fresh mozzarella cheese

DESSERT

CHOCOLATE BANSHEE SCREAMER SUNDAE Vanilla ice cream topped with

chocolate syrup, whipped cream and a cherry

BEVERAGES Unlimited soft drinks, coffee or tea



VOLCANIC ERUPTION



APPETIZER Garden patch salad or soup of the day

CHOICE OF ENTRÉE

TUSCAN CHICKEN

Balsamic and tomato marinated chicken breast charbroiled and dressed with cucumber, kalamata olives, tomatoes, red skinned garlic mashed potatoes and a honey mustard sauce

CONGO FISH AND CHIPS

A platter of battered cod, served with our tartar sauce, wild jungle fries and coleslaw

RASTA PASTA Grilled chicken, penne pasta, walnut pesto, broccoli, red peppers, and spinach tossed with our Alfredo sauce, topped with salad Parmesan cheese.

DESSERT

CHOCOLATE BANSHEE SCREAMER SUNDAE Vanilla ice cream topped with chocolate syrup, whipped cream and a cherry

BEVERAGES Unlimited soft drinks, coffee or tea



TROPICAL PARADISE



APPETIZER Garden patch salad or soup of the day

CHOICE OF ENTRÉE

PRIMAL STEAK

12 oz centre cut Canadian "AAA" steak aged 21 days, charbroiled and served with red skinned garlic mashed potatoes and sautéed vegetable medley

MOJO BONES

A full rack of slow roasted pork ribs, basted with our smokin Mojo BBQ sauce and served with coleslaw and wild jungle fries

CEDAR SALMON Farm raised Atlantic salmon filet served with our creamy signature sauce, Caribbean rice and sautéed vegetables

DESSERT

CHOCOLATE DIABLO Dark chocolate cake layered with rich chocolate filling served with raspberry sauce and fresh whipped cream

BEVERAGES Unlimited soft drinks, coffee or tea





SERVED DINNERS

Choose one selection from each category

CHEF'S CHOICE SOUP OF THE DAY OR CLAM CHOWDER

SALADS Caesar salad Paradise house salad Greek salad served with feta and kalamata olives

ENTRÉES (See next page)

E DESSERT Banana cheesecake Chocolate diablo torte Apple crumble

BEVERAGES Coffee and tea



SERVED DINNERS

All entrees served with a medley of vegetables, including a choice of potato, rice or fries.



TYPHOON TILAPIA MAYAS MIXED GRILL BEEF AND BARBIE MOJO BONES PRIMAL STEAK CEDAR SALMON CONGO FISH AND CHIPS TUSCAN CHICKEN CHICKEN FRIED CHICKEN

